

Use this remedy only when your finger is throbbing, or when you feel like there is a pulse beating under your nail.

1. What you do is straighten a paper clip and heat up the tip of a paper clip over a flame.
2. Then place it at the base of the nail just above the cuticle do not push, the heat will work through the nail.
3. If your nail is thick, you may have to repeat this a few times.

Eventually you will make it through the nail and immediately will see blood come out.

4. If the pain is not relieved you may have a more serious injury that may need further evaluation by a physician.
5. Soak the finger 3 times a day in a mixture of half hydrogen peroxide and half warm water.
6. If the pressure builds up again, you may have to repeat the procedure again, using the same hole.

You will want to see a doctor:

- if the pain remains as intense,
- if the nail separates from your finger
- If there are signs of infection redness, intense pain and swelling, heat , red streaks extending from the injury
Discharge of pus.